Idaho Commission on Aging

**Hours:** Monday - Friday: 9am - 4pm

**Phone:** 208-882-3535

**Fax:** 208-883-3888

**Alternate Phone:** 800-326-4843

**Address:** 428 West 3rd St, #4, Moscow, ID 83843

**Website:** www.cap4action.org/PSAgencyOnAging.html

**About:**

The North Central Idaho ADRC/AAA is designed to streamline access to long-term care information for people of all ages, incomes and disabilities. Our goals as an ADRC/AAA are:

- To create a person-centered, community-based environment that promotes independence and dignity for all individuals;
- To provide easy access to information to assist consumers in exploring a full range of long-term support options and planning;
- To provide resources and services that support the range of needs for family caregivers in planning and support.

North Central Idaho ADRC/AAA programs provide information and assistance to individuals utilizing public or private resources, to professionals seeking assistance on behalf of their clients and to individuals planning for their future long-term care needs.

Our intent is to provide leadership that encourages planning for present and future long-term care needs to help ensure that older Americans and their families have the information and assistance they need to make informed decisions and choices about life. Life care choices help families care for their loved ones, help people stay in their homes, and provide care options other than nursing home facilities.

**Services:** Adult Protective Services, Benefit Counseling, Case Management, HomeMeds, Hospital to home care transition, Idaho 211, Idaho Home Choice, Information & Assistance, Long Term Care Options Counseling, Long Term Care Ombudsman, Senior Medicare Patrol, In-home services, Community Based Services, Family Caregiver Resources